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How to prepare a long bike trip (in 12 steps)

PEOPLE'S REPUBLIC OF CHINA



1. Tell everybody your idea.



2. Research your route (visa, maps, elevation and weather)





i.e. the Azerbaijan visa

3. Gear



4. Choose how you want (solo / two people / 3 people)







**5. Budget
money for
food and
accommo-
dation**









**6. Fix the
bike**



手抓面食
饺子 包子 花卷

www.transtonline.com
FOCUS

MERIDA

7. Go on trial run



9. Get use to your bike (comfortable position)



11. Pack according to weather



12. Be ready. Forget everything else.

Enjoy the road, enjoy the people you meet, enjoy each spot, have fun and don't worry about the problems















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