



the life as a journey
(and how to explain it in 20 minutes)

one video of 3 minutes and 17 minutes of silence

no

promotion of easy life

promotion of easy life

promotion of easy life



explaining what I do

call mom everyday





not listen to others

no mass media

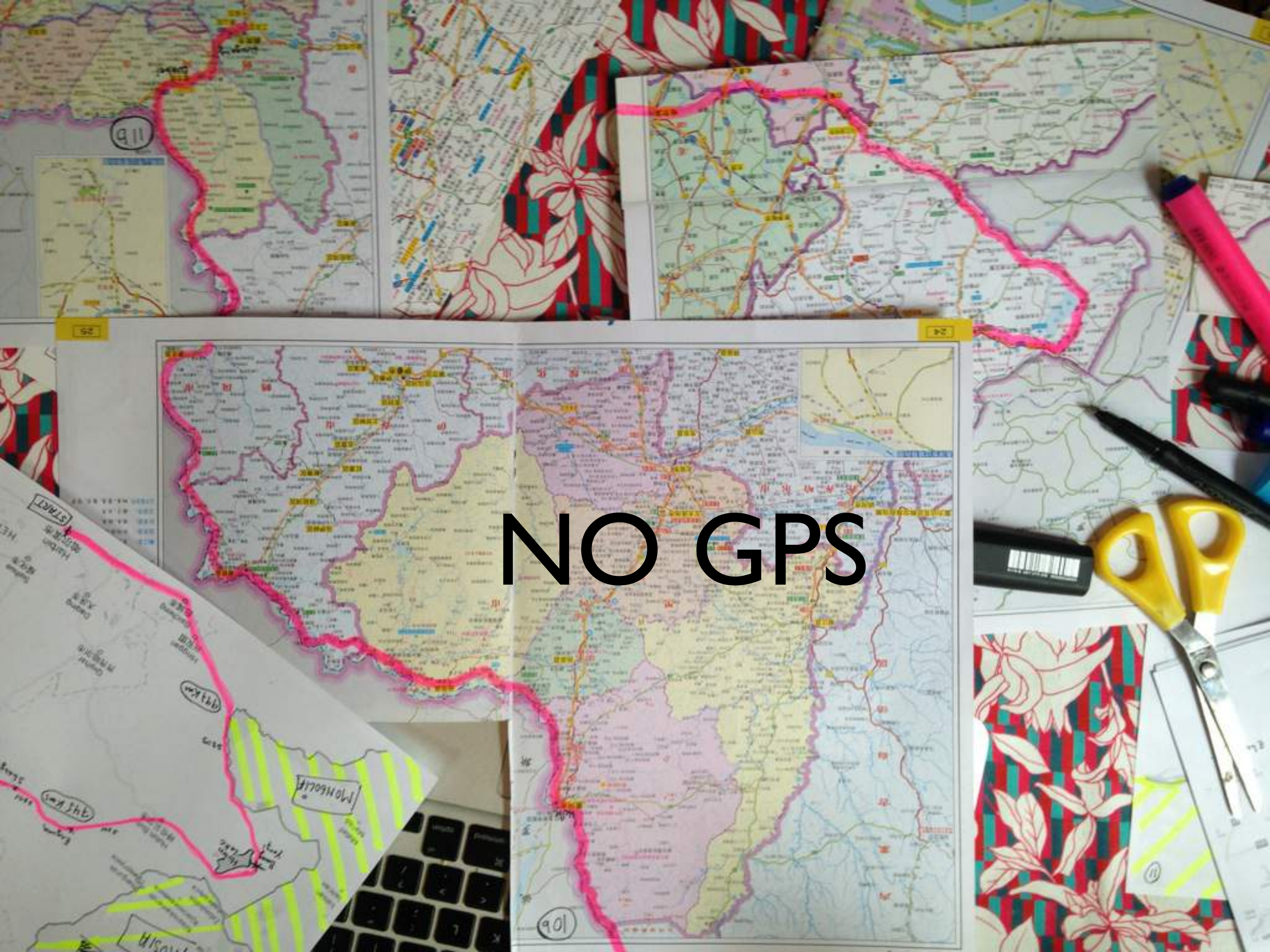


time for friends
time for family
time for books



living without alarm clock





NO GPS



doing whatever you like



54319 kilometers en 23 countries (more than 20000 in China)

think in your
ecological footprint



say NO to
unnecessary plastic



and say NO to
plastic bags



cook

reuse

repair

recycle
use your brain





milana ::

The milana:: t-shirt pockets are made with reclaimed, left-over bits and pieces of cloths and buttons from clothing factories in Madrid, giving them a “fashionable” new life.

milana::T恤的大兜是由从马德里服装场搜集的边角料和剩余扣子而制成，让它们“重获新生”。





recycle
use your brain



use the bicycle and promote it





say hello to your neighbour everyday



because the
best things
are free

live your life as a
journey

live your life as a
journey

thank you



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